**What Tehillim/Psalms to Say for Specific Ailments**

3 -- for shoulder pain and head pain  
6 -- for eye illness  
9 -- for a sick child  
12 -- to prevent weakness  
14 -- for fear (paranoia?)  
31 -- for ayin hara  
37 -- for a drunk person  
47 -- to do teshuvah (repentance)  
49 -- for kedachat (a type of fever)  
51 -- for one defiled with znut   
59 -- for yetzer hara (the evil inclination)  
61 -- if you are afraid to sit at home  
67 -- for chronic kedachat   
73 -- to be saved from fear  
75 -- to humble one's arrogance/pride  
84 -- for one whose body has grown thin from illness  
86 -- to be saved from a ruach ra/bad spirit (depression?)  
89 -- for a person who is losing their limbs (frostbite or gangrene or amputation?)  
96 & 97 -- to infuse one's family members with simcha (happiness)  
101 -- for a ruach ra/bad spirit (depression?)  
102 & 103 -- for a barren woman  
105 -- for "fourth kedachat"  
106 -- for "third kedachat"  
107 -- for chronic kedachat  
117 -- to prevent one from dying an unusual death  
119:9-16 (bet) -- for forgetfulness  
119:17-24 (gimmel) -- for the right eye  
119:25-32 (dalet) -- for the left eye  
119:49-56 (zayin) -- for the spleen  
119:57-64 (chet) -- for the upper stomach  
119:65-72 (tet) -- for the right and left kidneys  
119:81-88 (kaf) -- for the right nostril  
119:97-104 (mem) -- for the right hand  
119:121-128 (ayin) -- for the left hand  
119:129-137 (pei) -- for the left nostril  
119:145-152 (kuf) -- for the left leg/foot  
119:153-160 (reish) -- for the right ear  
119:161-168 (shin) -- for the head  
119:169-176 (taf) -- for the left ear  
127 -- for a newborn baby  
128 -- for a pregnant lady  
135 -- for one who has thoughts of avodah zara (occult, idolatry, etc.)  
137 -- to rid oneself of hate  
138 -- to rid oneself of arrogance/pride  
141 -- for heart pain  
142 -- for the thighs  
143 -- for the arm  
144 -- for a broken hand  
145 -- for fear  
146 -- for being struck with a sword (or with any sharp instrument, I'd guess)  
147 -- for a snake bite