**What Tehillim/Psalms to Say for Specific Ailments**

3 -- for shoulder pain and head pain
6 -- for eye illness
9 -- for a sick child
12 -- to prevent weakness
14 -- for fear (paranoia?)
31 -- for ayin hara
37 -- for a drunk person
47 -- to do teshuvah (repentance)
49 -- for kedachat (a type of fever)
51 -- for one defiled with znut
59 -- for yetzer hara (the evil inclination)
61 -- if you are afraid to sit at home
67 -- for chronic kedachat
73 -- to be saved from fear
75 -- to humble one's arrogance/pride
84 -- for one whose body has grown thin from illness
86 -- to be saved from a ruach ra/bad spirit (depression?)
89 -- for a person who is losing their limbs (frostbite or gangrene or amputation?)
96 & 97 -- to infuse one's family members with simcha (happiness)
101 -- for a ruach ra/bad spirit (depression?)
102 & 103 -- for a barren woman
105 -- for "fourth kedachat"
106 -- for "third kedachat"
107 -- for chronic kedachat
117 -- to prevent one from dying an unusual death
119:9-16 (bet) -- for forgetfulness
119:17-24 (gimmel) -- for the right eye
119:25-32 (dalet) -- for the left eye
119:49-56 (zayin) -- for the spleen
119:57-64 (chet) -- for the upper stomach
119:65-72 (tet) -- for the right and left kidneys
119:81-88 (kaf) -- for the right nostril
119:97-104 (mem) -- for the right hand
119:121-128 (ayin) -- for the left hand
119:129-137 (pei) -- for the left nostril
119:145-152 (kuf) -- for the left leg/foot
119:153-160 (reish) -- for the right ear
119:161-168 (shin) -- for the head
119:169-176 (taf) -- for the left ear
127 -- for a newborn baby
128 -- for a pregnant lady
135 -- for one who has thoughts of avodah zara (occult, idolatry, etc.)
137 -- to rid oneself of hate
138 -- to rid oneself of arrogance/pride
141 -- for heart pain
142 -- for the thighs
143 -- for the arm
144 -- for a broken hand
145 -- for fear
146 -- for being struck with a sword (or with any sharp instrument, I'd guess)
147 -- for a snake bite